

Cool off with this yummy summer salad!







INGREDIENTS

Dressing:

- 2 tbsp honey (or maple)
- 2 tbsp lime
- 1-2 tbsp olive oil
- · pinch of salt

Salad

- 1/2 watermelon cubed
- 1 large cucumber cubed
- 1/4 of a red onion thinly sliced
- 15 fresh mint leaves
- 15 fresh basil leaves
 - (parsley or dill could be added or substituted based on preference)
- I/2 cup feta (optional)

DIRECTIONS

- In a small bowl, whisk together the honey, lime, olive oil & salt and set aside.
- Cut all your fruit, veggies & herbs and add them to a large bowl. Toss to combine.
- 3. Pour the dressing over top of the salad, toss once more.
- 4. Serve and enjoy!